

For the first time in years, the Worthington Health Center is offering full obstetric care, from prenatal care through childbirth. Because of our geographic location - the nearest obstetricians are situated in Northampton and Pittsfield - this added service appears to be one that is much needed and desired.

In addition to the convenience of having obstetric care available in the Hilltowns, there are many reasons people may prefer our services to those offered by the Ob-Gyn specialists in the cities. Women who have long been patients of the Center can continue their medical care in a friendly and familiar environment during this important part of their lives. This familiarity is beneficial both to the patient and the physician. Furthermore, family-oriented obstetric care may differ from that provided by specialists in obstetrics. Ideally, the family physician's role in a woman's care does not begin with the diagnosis of pregnancy, nor does it end with delivery. The family doctor who may have treated a woman from childhood, can continue her medical care through pregnancy and childbirth, and then care for the child as well as the mother. In essence, pediatric care may begin long before birth of the child, and there is no fragmentation in the care of the total family.

Family-centered obstetrics provides an alternative to, but does not replace, obstetric care provided by Ob-Gyns. The family physician must maintain a working relationship with the obstetricians in the community, and must consult with them in complicated or life-threatening situations. Certainly there is always a need for the knowledge and skills of specialists, but the family physician's personal and individualized approach is one that appeals to many women during this very special period.

9:00-5:00 Monday-Friday 9:00-noon Saturday Morning 5:00-8:00 Monday Evening Phone: 238-5511

DR. KATZ, DR. SWARTZ, by appointment. One of the doctors is on call at all times. After hours call 584-7600 - the Center's answering service. Because of terrain the "beeper" may occasionally fail to operate. Call again or go to the hospital emergency room, if necessary.

DR. PLANTE, podiatry, by appointment, Friday mornings.

COUNSELING, 9:00-5:00 on weekdays. Evenings may be scheduled.

SCREENING, OUTREACH, AND EDUCATION, programs as scheduled.

BOARD MEETINGS are open to the public and are held on the third Monday of every month at the Town Hall.

| I | would | like | to: |
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| | | | |

- ☐ Join the Association (Enclose \$5.00)
- ☐ Be contacted for volunteer help
- □ Contribute \$ _____

NAME _

ADDRESS ____

Mail to: Worthington Health Association Old North Road Worthington, MA 01098

WORTHINGTON HEALTH CENTER



• Comprehensive Health Care for the Hilltowns:

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Obstetrics
Gynecology
Hospitalization
Podiatry

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Health Education

- Highest Quality Services
- Reasonable Fees
- Sliding Fee Scale Available



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- Obstetrical/PreNatal Care Now Provided
- Dental Services to Begin Soon
- New Professional Counselor Available
- Monday Evening Hours Added

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